

## **Unit 4 Nutrition**

### **Lesson 4 – Assisting Residents with Fulfilling Nutritional Needs**

#### **Goals**

- Be aware of swallowing disorders that interfere with feeding
- Identify equipment and tools for feeding residents

#### **Activities**

##### **1. Review**

Use one or more of the following activities (see instructor notes for complete instructions) to review previous lesson's vocabulary and/or verb list.

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|-----------------------------------|---------------------------------|
| 1. Word Bingo (listening)         | 2. Oral cloze exercise          |
| 3. Word Bingo (definitions)       | 4. I can/ I can't Verb Practice |
| 5. Blackboard Bingo (definitions) | 6. Verb tense practice          |

##### **2. Introduction to CNA topic – Assisting Residents with Fulfilling Nutritional Needs**

##### **3. Vocabulary and verb lists**

Discuss vocabulary and verbs for the lesson

- **Unit 4 Lesson 4 Vocabulary**
- **Unit 4 Lesson 4 Verb**
- **Unit 4 Lesson 4 My Vocabulary list**
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##### **4. Set Up of Resident Eating In Room**

This handout illustrates the setup for a resident who is eating breakfast in their room. It also gives the student the opportunity to apply their new knowledge about nutrition to the dietary needs of Mrs. James

- **Unit 4 Lesson 4 Resident Eating in Room**
- **Unit 4 Lesson 4 Resident Eating in Room (answer key)**

## 5. Swallowing Problems

Understanding how a person goes through the swallowing process is important to the nurse aide when feeding residents who have dysphagia. Read the question/answer handout about swallowing, how it develops, and symptoms.

- **Unit 4 Lesson 4 Swallowing Problems/Dysphagia**

## 6. Vocabulary Practice

Matching activity that focuses on vocabulary words for the lesson

- **Unit 4 Lesson 4 Matching Activity**